

## AN IMAGE ANALYSIS BASED METHOD FOR THE QUANTIFICATION OF TREMOR

Musa H. ASYALI<sup>\*</sup>, Tayfun DALBASTI<sup>\*\*</sup>

### Abstract

In this study, we introduce a simple and cost-effective method based on image analysis that can be used in the objective assessment/measurement of tremor. Tremor can be defined as the involuntary rhythmic movement of body parts (usually hands). Types of tremor include, but not limited to essential tremor, athetose, chorea, and flapping tremor. Objective assessment of tremor is crucial in the diagnosis of many neuromuscular diseases. Velocity and acceleration sensors utilizing semiconductor technology are widely used for measurement of tremor. However, one major weakness of this type of sensors is that they cannot satisfactorily track slow or constant speed motion, because of their poor response in the low-frequency region, where some of tremors may have some significant spectral components. Therefore, accurate measurement of tremor for the diagnosis or prognosis of movement disorders is an important issue. The method that we devise consists of an infra-red LED that is attached to the body part whose motion to be measured and a simple CCD camera that is attached to a personal computer. The frames acquired by the system first saved into a movie file, and then analyzed using a software tool that we have developed. We present the use and advantages of the devised system on a sample artificial data set. **Keywords:** Tremor quantification, image analysis, spectral analysis.

### 1. Introduction

Tremor, approximately rhythmic movements of a body part due to involuntary contractions, can be associated with many neurological, muscular, and neuromuscular diseases such as Parkinson's disease [1, 2]. Although most of its energy lies in the low frequencies,

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<sup>\*</sup> Dept. of Computer Engineering, Yasar University, 35500-Izmir, Turkey  
[musa.asyali@yasar.edu.tr](mailto:musa.asyali@yasar.edu.tr)

<sup>\*\*</sup> Dept. of Neurosurgery, Ege University, 35100-Izmir, Turkey  
[tayfun.dalbasti@med.ege.edu.tr](mailto:tayfun.dalbasti@med.ege.edu.tr)

\* To whom correspondence should be addressed.

frequency of tremor can be as high as 12 Hz [3]. Some parameters, e.g., average velocity or acceleration in the case of spatial domain analysis and weight of some spectral components in the case of spectral analysis, is derived from tremor measurements and then used to evaluate severity of tremor in an objective manner [1-3]. Therefore, accurate measurement or quantification of tremor is an important issue.

The widely used approach for tremor measurement involves semiconductor or piezoelectric velocity or acceleration sensors and their associated amplification circuitry [4, 5]. The major limitation of this approach is that these sensors have a poor response in the low frequency region (0 to 0.5 Hz), where some types of tremors may have significant spectral components. Furthermore, the problems of limited linearity (i.e., different sensitivity in different frequency regions), dependency of performance on ambient temperature, and relatively high noise in the output, makes these type of sensors somewhat unreliable.

In this study, we introduce an image analysis based method for tremor measurement and analysis that efficiently overcomes the many of difficulties that are associated with the currently used motion sensors. Our method involves attaching a near-infrared Light Emitting Diode (LED) to the limb, to the tip of a finger for instance, whose tremor to be measured and capturing LED's changing position as a video/image stream using an inexpensive CCD (charge coupled device) camera whose near infrared response are known to be excellent. Once the image sequence is captured at rate suitable frame rate, the images/frames can easily be analyzed to find the position of the LED or limb and the parameters that describe the motion in spatial and frequency domains can be computed. In order to automate the analysis of captured images, we have developed a software tool called Quant-Motion.

In the methods section, we will further explain the details of our data acquisition scheme and discuss the use and features of Quant-Motion. In the discussion and conclusion section, we will make a critical comparison of our technique and existing techniques of tremor quantification.

## **2. Methods**

### **2.1 Data Acquisition Scheme**

We use a 850nm near-infrared (IR) light emitting diode (LED) as a pointer to be attached

to the limb/location where the tremor is to be measured, using adhesive tape. Fig.1 shows an example set-up of the data acquisition scheme, to measure hand tremor. The IR LED is connected to the battery using a flexible coil cable to minimize the mechanical loading.

The camera that will capture the image or movement of the LED can be interfaced to a personal computer via either USB port or a frame grabber add-on card. In the sample hand tremor measurement application that we will discuss in the rest of this paper, images or frames are captured at a rate of 24 frames per second using the USB interface. This rate is enough to trace frequency components up to 12 Hz, according to Nyquist's Sampling Theorem [6].

This simple acquisition system offers great flexibility in terms of adjustment of the spatial resolution. Suppose, due to storage size requirements, the frame size is fixed as 100 pixels wide by 80 pixels high. If for instance the capture area has a physical width of 10 cm, then it means we have spatial resolution of 0.1cm 1 mm per pixel, which is good enough. However if need arises, spatial resolution can easily be adjusted by moving the camera towards or away from the LED (as the camera gets closer to the LED, the resolution increases).

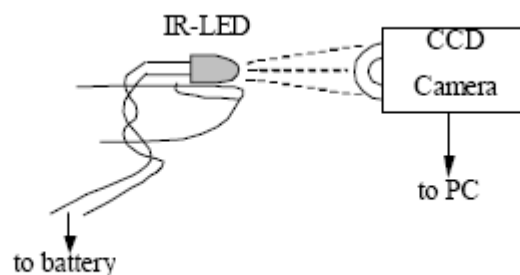


Figure 1. Schematic representation of our image/data acquisition system of tremor analysis.

The sensitivity of the CCD cameras near the wavelength of the IR LED that we use is excellent [7]. Under normal circumstances, in a weakly illuminated room where we do not expect to have any IR sources other than the LED, therefore the signal to noise ratio (SNR) for the LED images are very high. In other words, detecting the LED marker, which is an approximately circular spot, in individual frames is a simple task that can be using thresholding. If needed, the SNR can be further improved by placing an IR filter, that only passes waves in the IR band, between the LED and the camera.

## 2.2 Image Analysis Software

In order to analyze captured images, we developed a set of algorithms for the calibration and analysis of tremor motion in space and frequency domains in Matlab™ (The MathWorks, Inc. Natick, MA) environment. After testing the tool on various test data sets, we built a graphical interface for easy access to the calibration and routines and compiled and packaged all the components using Matlab Compiler™. We named the resulting Windows™ stand-alone application Quant-Tremor.

### 2.2.1 Calibration

We used a simple scheme for the calibration of the tremor analysis system. The user enters the actual physical distance (in cm) that corresponds to the width or height (in pixels) of the acquired frames. For instance, if the acquired image frames are 100 pixels wide, and this width corresponds to a physical distance of 10 cm, then all the distances calculated on the images, i.e. on the two-dimensional pixel plane, need to be scaled by a calibration factor of 0.1 to get the actual distance in cm. (Another simple technique for calibration is to place a ruler in the image capture area.)

### 2.2.2 Travel Analysis

With this type of analysis, one can assess physical parameters of the tremor motion in two dimensions. Among the variables that can be easily computed are the total distance traveled, average velocity and acceleration. Our software reports these parameters along with the x and y coordinates of the center of the spot. Travel analysis starts by selecting a suitable spot detection threshold to identify the area that corresponds to the LED's image in the frames. Once the data is loaded, the Quant-Motion lets the user select a suitable threshold for the detection spots (Fig.2). With simple thresholding, the LED's location can easily be traced in different frames and the motion or travel of the tip of the limb where the LED is attached can be accurately followed in two dimensions. Fig.3 shows a sample travel analysis result.

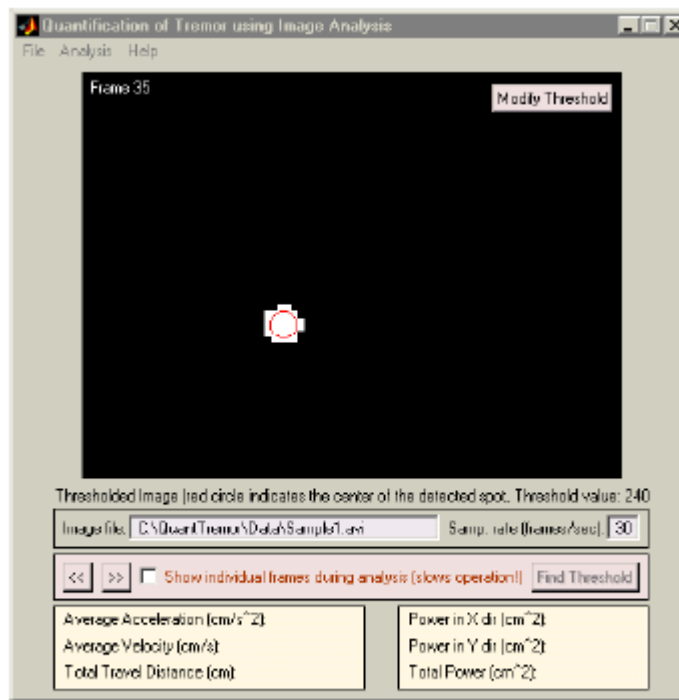
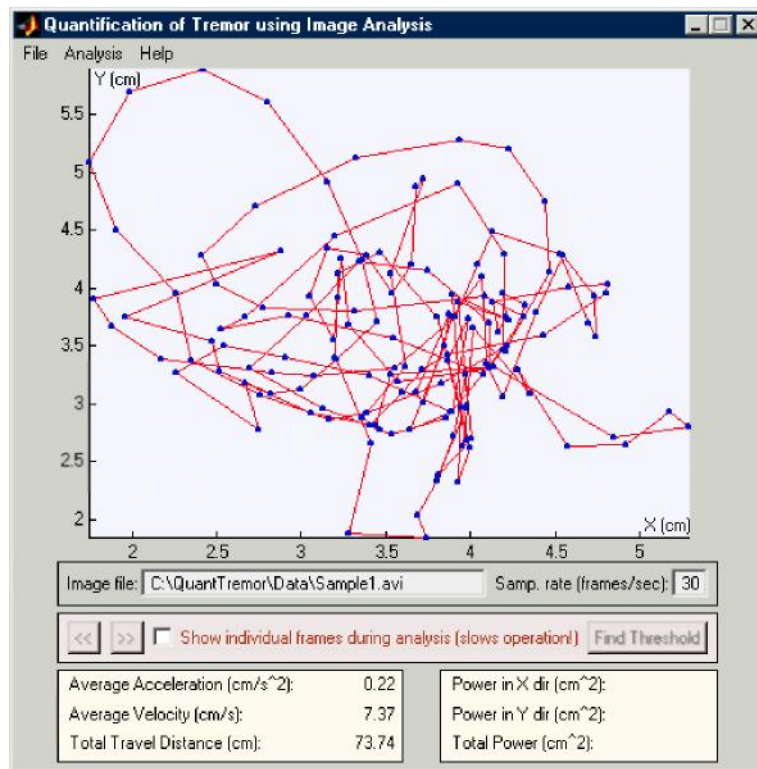


Figure 2. Determining the spot detection threshold.

### 2.2.3 Spectral Analysis

Power spectral density (PSD) analysis is an important tool that lets us identify different frequency components or cyclic variations and their strength or power in signals. The PSD has been widely utilized in biomedical signal analysis [8, 9]. There are two broad classes of PSD estimation methods, parametric and nonparametric [8-14]. A detailed discussion of PSD estimation techniques is beyond the scope of this paper, we still suffice by noting that parametric methods assume that the signal is the output of a linear system driven by white noise and tries to identify the system/model that generates the signal. Once the system parameters are estimated, the PSD of the signal is easily obtained by evaluating the frequency response of the system at desired frequencies. Literature shows that when the data length of the available signal is relatively short, parametric methods perform better than non-parametric methods [11, 12] in terms of frequency resolution. In this application, we opted for parametric PSD estimation, since we cannot know the length of the recording or data sequence in advance.



**Figure 3.** A sample travel analysis result.

There are many alternatives within the class of parametric PSD estimation techniques. We have chosen to use autoregressive (AR) modeling based approach to implement the spectral estimation feature of Quant-Tremor. The issue of model order selection is critical for the proper estimation of PSD using model-based, i.e. parametric, techniques. This issue has been dealt with extensively in system identification literature and various criteria based on information theoretical results have been proposed. The most commonly used of such criteria are Akaike's Information Criterion (AIC) [13, 14], Final Prediction Error (FPE) [8] and Minimum Descriptive Length (MDL) [15, 16]. All of these criteria involve two terms acting in opposite sense, the variance of the estimation error that monotonically decreases and another expression that increases with the number of model parameters. In this paper, we selected the order for AR modeling based PSD estimation of as 15, based on literature. However, once we collect a large number of data sets, we will further look in to this issue and confirm the suitability of our selection. Fig.4 shows one sample spectral analysis result.

### 3 Discussion and Conclusion

In this study, we have introduced a digital image analysis based method for tremor measurement and/or quantification. Applicability of this technique is not limited to the upper limbs, e.g., to the hand. Tremor of any body part can be measured by placing the small IR LED on it. Our proposed method of tremor measurement is totally non-invasive, as there are no cables, electrodes, etc. attached to the subject. Another advantage of this technique is that it is very cost effective. Simple USB cameras are widely available and the construction of the marker part of the acquisition system is very easy, as it consists of only the LED and its power supply, e.g. the battery. Furthermore, our method presents an integrated approach for both measurement and analysis of tremor. The Quant-Tremor software that we have developed as a part of this study, can analyze the captured tremor image sequence in both time and frequency domains.

As for the drawbacks of our approach, it is evident from the use of a single camera that our method can trace the motion in only two dimensions. However, this limitation can easily be overcome by using another camera and making simultaneous recording with two cameras. For instance, one camera can capture the motion in the frontal plane and the other in the horizontal plane.

In a future study, we will collect real data from subjects with different types of tremors and try to identify an optimal recording length/duration for our method so that different conditions can be accurately classified based on the estimated spectrums. We will also confirm whether a model order of 15 is a good choice for autoregressive model fitting based power spectral density estimation.

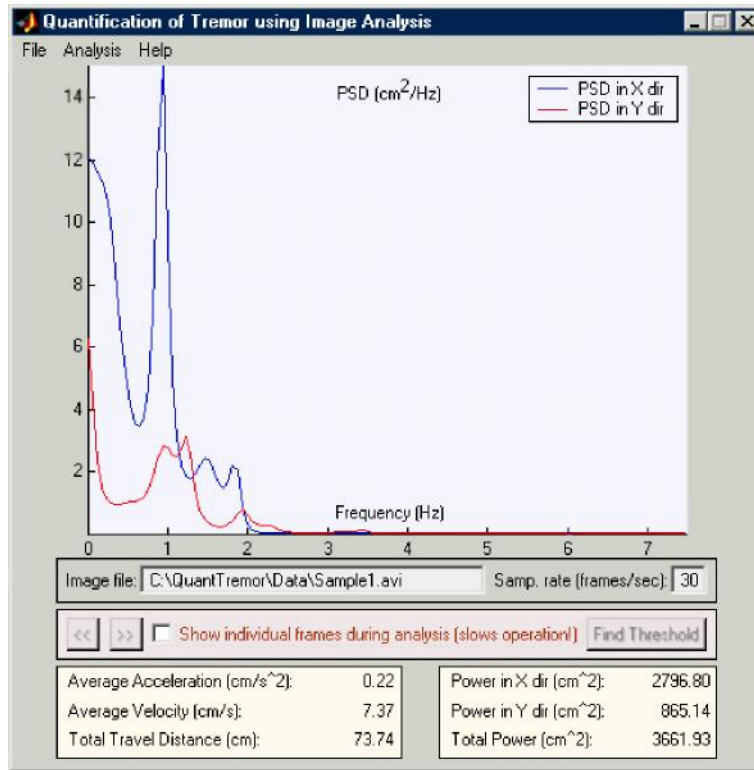


Figure 4. A sample spectral analysis result.



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